



South Hill Primary School  
**RSE Policy**  
**Updated May 2024**

*Our PSHE vision*

**To support our pupils to be responsible, respectful, resilient and reflective learners, who are able to keep themselves safe, healthy and prepared for secondary school and life beyond.**

Statutory guidance from the 'Department for Education' states that from September 2020 all Primary schools are required to teach Relationship and Sex Education (RSE). Our whole school plan for the teaching of RSE- within our PSHE lesson provision- is outlined in this policy.

### THE LAW

The teaching of RSE is informed, supported and complements the following lawful policies:

- Education Act (1996)
- Learning and Skills Act (2000)
- Education and Inspections Act (2006)
- Equality Act (2010)
- Supplementary Guidance RSE for the 21<sup>st</sup> century (2014)
- Keeping children safe in education – Statutory safeguarding guidance (2016)
- Children and Social Work Act (2017)

### OUR PSHE SCHEME

At South Hill Primary School, we pride ourselves on caring for our pupils' wellbeing and helping them to become positive, well-rounded and active citizens of the future. We believe in the importance of equality and everybody having the same opportunities. This is modelled by our staff and taught through lessons and other experiences both discretely and explicitly; we are working hard to create a school culture in which children, staff and the whole school community work together to foster an environment of inclusivity through effective spiritual, moral, social and cultural (SMSC) and character education. Our PSHE, including RSE, curriculum forms an important part of our provision in order to achieve these goals.

Our PSHE curriculum promotes and reinforces:

- British Values
- Protected characteristics
- Our school values – 'The South Hill Way'
- Mental health and wellbeing
- Online safety
- Personal Development

**Relationship education** – Relationships education (RSE) primarily focuses on teaching the fundamental building blocks of positive relationships to ensure pupils know what a healthy relationship looks like; where they are valued and where equality exists; and to also ensure all families and individuals are 'represented' and 'seen'.

**Health education** – Health education will focus on understanding how to keep our bodies healthy and what it means to have a healthy lifestyle to ensure children can be healthy adults and make good choices later on in life.

**Drugs education** – Drugs education will teach children the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking.

**Sex education** – Sex education will be taught to our oldest children in Year 6 and will teach conception and the physical act of sexual intercourse.

**Cross curricular** – Other elements of our PSHE programme will be taught through subjects such as Science (where children will learn about the human body and reproduction), Computing (where children will learn about internet safety) and PE (where messages about keeping healthy will be reinforced) as well as teaching using opportunities throughout the school day to reinforce key concepts.

**All aspects of our PSHE provision are carefully mapped out on our 'PSHE progression document' (please see appendix A).**



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**ROLES AND RESPONSIBILITIES**

Our school PSHE programme (including our RSE provision) will be led by Mrs Albery (PSHE lead) under the guidance and support of our Headteacher (Jo Wellbelove), Assistant Headteacher (Claire Farmery) and the Governing body, with whom lies ultimate responsibility for the policy and provision of RSE and PSHE at South Hill.

The PSHE lead will be responsible for:

- Implementing, and changing where needed, the materials used by teachers to deliver lessons
- Reviewing the RSE policy and making changes, where needed

The Headteacher is responsible for ensuring that PSHE provision across the school follows the statutory requirements and relevant laws.

Our policy has been written in conjunction with our parent, staff, pupil and governing bodies:

- An initial RSE consultation document, including a 'SurveyMonkey' questionnaire and consultation was sent to all parents and discussed by our School Council in March, October and December 2020.
- The policy was discussed and reviewed with staff in January 2020 and again in December 2022. This has subsequently been reviewed and amended in May 2024.

**OUR SCHOOL VISION**

At South Hill Primary, we have carefully mapped out our PSHE/RSE provision to ensure that we have a PSHE programme, culture and ethos which:

<p><b><u>The 3 I'S</u></b></p> <p><b>Intent</b></p>	<ul style="list-style-type: none"> <li>• Fosters equality for all, including those with a religious/nonreligious background</li> <li>• Challenges all forms of discrimination and bullying</li> <li>• Is respectful of how pupils choose to identify themselves and which teaches others how to be respectful</li> <li>• Meet the needs of all pupils, with diverse experiences, including those with SEND</li> <li>• Helps children to know how to be safe and healthy</li> <li>• Prepares pupils for the opportunities, responsibilities and experiences of later life</li> <li>• Provides pupils with age-appropriate information in a range of PSHE/RSE topics</li> <li>• Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school</li> <li>• Teaches relevant laws to ensure pupils are clear on their rights and responsibilities as citizens</li> <li>• Ensures that all pupils 'see' people like themselves and families like their own</li> <li>• Ensures there is no stigmatisation of children based on their home circumstances or structure of support</li> <li>• Provides learning experiences that help children develop their own moral values</li> <li>• Enables pupils to develop the knowledge, strategies, skills, language and confidence required to behave according to their own beliefs and values</li> </ul>
<p><b>Implementation</b></p>	<p>We will implement this by:</p> <ul style="list-style-type: none"> <li>• Teaching a discrete PSHE lesson once a week in each class</li> <li>• Using high quality resources and lesson plans</li> <li>• Providing lessons that are active and have applied learning experiences</li> <li>• Using opportunities throughout the school day, including in core and foundation subjects, to reinforce key messages</li> <li>• Delivering a range of assemblies to reinforce and further explore key messages</li> <li>• Delivering lessons that clearly distinguish between fact and opinion</li> <li>• Developing pupil's skills to critically evaluate</li> <li>• Providing regular CPD to all staff</li> <li>• Regularly communicating relevant information to parents</li> </ul>
<p><b>Impact</b></p>	<p>We will measure the impact of our PSHE and RSE provision by:</p> <ul style="list-style-type: none"> <li>• Following a range of assessment procedures (please see 'Assessment' section)</li> <li>• Continually reviewing our provision through teacher, parent and pupil voice</li> <li>• Continuing to update our CPD through staff and subject leader training</li> </ul>

**HOW WILL PSHE BE TAUGHT**

PSHE will be taught using the following 3 schemes of work:



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Autumn Term	Spring term (and used in assemblies all year round)	Summer Term
<b>No Outsider</b>  	<b>Picture News</b>  	<b>The Christopher Winter Project</b>  
This scheme promotes: <ul style="list-style-type: none"> <li>• British Values</li> <li>• Protected characteristics</li> <li>• Personal development</li> </ul>	This scheme promotes: <ul style="list-style-type: none"> <li>• British Values</li> <li>• Protected characteristics</li> <li>• Personal development</li> </ul>	This scheme promotes: <ul style="list-style-type: none"> <li>• Relationship education</li> <li>• Health education</li> <li>• Drugs education</li> <li>• Sex education</li> <li>• Online safety</li> </ul>

PSHE will be taught by the class teacher(s) in a weekly Lesson; we believe that this is important so that children, who have strong relationships with their class teacher(s), can develop their own set of values in an environment where they feel safe, nurtured, and cared for.

Class teachers are responsible for:

- Following the school PSHE schemes of work, as set out above
- Following the national curriculum for elements covered in subjects such as PE, Computing etc
- Adapting plans to meet the needs of specific learners

Teaching staff will receive CPD and training regularly through Inset and staff meetings to ensure that they are delivering high quality lessons with clear learning intentions and outcomes.

**ASSESSMENT**

PSHE will be assessed and reviewed by the class teacher after every lesson, in the same way that core/foundation subjects are, to ensure lessons are adapted to the needs of the class/individual where needed. Assessment will also be achieved through:

- Pupil self-assessment
- Peer assessment
- Parent voice
- Pupil voice

PSHE will be assessed termly using our foundation data tracker to ensure teacher's identify children who show an understanding at an 'age-appropriate level' and those who may need more support or who may need to the curriculum to be adapted further.

**SAFEGUARDING**

Teachers will promote a culture and environment where children are able to feel safe in discussing sensitive, age-appropriate, topics. All staff are aware that effective PSHE, which brings an understanding of what is and what is not appropriate in a relationship, may occasionally lead to a disclosure of a child protection issue. In this instance, teachers will follow the school's 'Safeguarding policy' and bring the matter to a designated senior person (DSL).

**EXTERNAL AGENCIES**

At the moment, we have no plans- as a school- to have external agencies to deliver any part of our PSHE curriculum.



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### THE RIGHT TO WITHDRAW

As per the law, parents have a right to withdraw their child from the 'Sex Education' elements of PSHE, which are not part of the Science curriculum. These are lessons 2 and 3 from the 'Christopher Winter' 'Relationships' education, which cover the following lesson objectives:

Learning objective	Learning outcome
<ul style="list-style-type: none"><li>Consider physical &amp; emotional behaviour in relationships</li><li>To explore the process of conception and pregnancy</li></ul>	<ul style="list-style-type: none"><li>Discuss different types of adult relationships with confidence</li><li>Know what form of touching is appropriate</li><li>Describe the decisions that have to be made before having a baby</li><li>Know some basic facts about pregnancy and conception</li></ul>

The school office will send a letter to Year 6 parents at the start of the summer term to inform them of this. A letter or email must be sent to the school office and received before the lessons take place, in order for a child to be withdrawn. We would advise parents to talk to their class teacher in the first instance, if they have any concerns. Children who are withdrawn from Sex Education will be placed in another class, for that lesson, where they will complete work given by the class teacher. We have and will continue to work closely with parents to ensure that they are fully aware of what is being taught and to signpost them to additional resources.

### POLICY REVIEW

This policy will be reviewed in May 2026 to ensure that it continues to meet the needs of pupils, staff and parents at South Hill and to ensure that it is in line with current 'Department for Education' advice and guidance.