

**PE Long term plan**

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Physical Literacy - Moving and travelling in different ways	Dance	Gymnastics - Travelling along equipment / balancing	Games - Ball Skills - sending and receiving	Dance	Games - Sports Day Skills
Year 1	Dance Unit 1 VS – Streamers, conkers, playing with a ball or PE Hub 1	Dance Unit 2 VS – March, March and Jack and the Beanstalk or PE Hub 2	Gym Unit D VS – Flight – Bouncing, Jumping and landing or PE Hub Gym 1	Gym Unit E VS – Points and patches or the PE Hub Gym Unit 2 or PE Hub 1	Gym Unit F VS – Rocking and rolling or PE Hub 2	Gym Unit G VS – Wide, Narrow, Curled
	Games Unit 1 – Using a large ball or PE Hub Attack, Defend, Shoot	Games Unit 2 – Throwing and catching or PE Hub Hit Catch Run 1	Games Unit 3 – Bat and ball skills and skipping. Or the PE Hub – Hit, catch run – Unit 2.	Games Unit 4 – Developing partner work or the PE Hub Send and Return Unit 1.	Dance Unit 3 – Fog and Sunshine, Washing Day, Handa’s surprise.	Athletics or Run Jump Throw PE Hub
Year 2	Gym 1 VS or PE Hub	Dance - performance	Gym 2 VS or PE Hub	Dance 1 VS or Dance PE Hub	Dance 2 VS or PE Hub Country Dancing	Athletics or Run Jump Throw PE Hub
	Games PE Hub – Hit, catch run 1	Games PE Hub – Attack, defend, shoot 1	Games PE Hub – send and return 1	Games PE Hub – attack, defend, shoot 2	PE Hub - Hit, catch, run 2	PE Hub - Send and return 2
Year 3	Gym Imoves	Dance PE Hub	Dance PE Hub	OAA PE Hub	Gym PE Hub Hub	Athletics
	Handball PE Hub	Football PE Hub	Netball PE Hub	Tennis PE Hub and Golf	Athletics PE Hub	Cricket PE Hub

Year 4	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
	Gym 1 PE Hub	Dance PE Hub	Gym 2 PE Hub	Tennis PE Hub and Golf	Rounders PE Hub	Athletics
Year 5	Gym 1 PE Hub	Dance PE Hub	Gym 2 PE Hub	Dance VS Unit 4	Tennis PE Hub	Rounders PE Hub
	Tag rugby PE Hub	Football PE Hub	OAA PE Hub	Netball PE Hub	Athletics PE Hub	Cricket PE Hub
Year 6	Gym Unit 1 PE Hub	Dance PE Hub	Gym Unit 2 PE Hub	Dance VS	PGL and Cricket PE Hub	Rounders PE Hub
	Tag rugby PE Hub	Basketball PE Hub	Hockey PE Hub	Football PE Hub	Athletics PE Hub	Athletics and Cricket PE Hub