

A Thought Leadership Event



LIVING IN BALANCE IN



YOUR AMAZING HUMAN BRAIN



About this event:

Neuroscience, anthropology and psychology help us understand why humans developed a negative bias. Join OLLIE when we speak to Andrew Wright of Action Your Potential, to consider why, and how we can more effectively manage that bias as well as those everyday setbacks and difficulties.

ONLINE WEBINAR -

Tickets are free to those who need it.

Suggested donation £5

BOOK TICKETS HERE

For more information email:
contactus@theolliefoundation.org

Thursday 6th October
6:30-8pm

This panel discussion is open to all and may be particularly useful to **professionals who work with children and parents and carers**

ABOUT THIS EVENT

Thought Leadership events bring experts in their field and or with lived experience together to discuss risk and protective factors around wellbeing and suicidal behaviour.

OUTCOMES - Through this talk we aim for delegates to...

- Develop a clearer understanding of their inbuilt survival system and why and how we developed a negative bias.
- Consider how to manage this primal safety feature.
- Learn how to respond more calmly, compassionately, and effectively to everyday setbacks and scenarios we all experience.