



This is a very basic introduction to First Aid and Defibrillation aimed at children between the ages of 8 and 11, but it can suit children of any age.

The course is kept at a basic level with no use of confusing terminologies.

The course will show complete respect for the child's ability, make it educational and practical, and instil the importance of helping someone who is poorly or injured.

#### **Syllabus**

What is First Aid? – Defibrillation – Recovery position – Resuscitation – Shock – Choking – Wounds and Bleeding – First Aid Kits – Asthma – DR ABC – Safety - Contacting emergency services.

#### **Certificates**

Certificates of attendance are awarded at the end of the course.

# **Assessment**

This is a non-regulated qualification and attendance is all that is required.

## **Dates @ South Hill Primary School**

24<sup>th</sup> April 3.20pm-4.20pm

15th May 3.20pm-4.20pm

22<sup>nd</sup> May 3.20pm-4.20pm

5<sup>th</sup> June 3.20pm-4.20pm

19<sup>th</sup> June 3.20pm-4.20pm

26<sup>th</sup> June 3.20pm-4.20pm

### **Price**

£6 per session = £36 in total