



South Hill Primary School – PE overview

School vision

All pupils at South Hill flourish through a nurturing environment, which builds confidence and resilience and a lifelong love of learning

PE vision

To allow pupils to develop their physical literacy (physical competence, confidence and motivation) through the six main areas of the PE curriculum and for them to understand the importance of a healthy lifestyle and concepts such as fair play and respect.

Intent	Implementation	Impact
<p>At South Hill, we follow the National Curriculum for PE and use 'PE Hub' plans. We also enjoy local coaches visiting for engagement days or CPD, e.g. Herts Cricket and Berkhamsted Hockey club.</p> <p>We want our children to develop a mastery of the following skills:</p> <ul style="list-style-type: none"> swim competently, confidently and proficiently over a distance of at least 25 metres evaluate their own and others' performances ball skills such as throwing, kicking, dribbling and bouncing attacking and defending in a range of sports flexibility for dancing and gymnastics <p>We want our children to have knowledge of:</p> <ul style="list-style-type: none"> different sports and how they are played strategies and tactics that assist sports e.g. speed, agility, technique <p>We want our children to have an understanding of:</p> <ul style="list-style-type: none"> the need to warm up and cool down the effect exercise has on the body, mentally and physically the importance and benefits of exercise and a healthy lifestyle healthy competition and competitive drive with themselves and others <p>The sequence for our PE topics, showing our progression of skills and knowledge throughout the school, are mapped out in our:</p> <ul style="list-style-type: none"> PE long term plan PE action plan PE progression document PE Subject policy <p>Through our teaching of PE, we want all of our children to develop a mastery of the following:</p> <ul style="list-style-type: none"> Acquiring and developing skills Evaluating and improving Health and fitness 	<p>In the EYFS, the building blocks to PE are taught through 'Personal, social and emotional development', 'Physical development' and 'Expressive arts and design'.</p> <p>In Key stage 1, pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p> <p>In Key stage 2, pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p> <p><u>Teaching and learning sequence for PE</u></p> <p>Inspire/ Cultural capital</p> <ul style="list-style-type: none"> Immerse the children in the sport/unit and excite them about the unit ahead to make the learning more meaningful and relevant Find out what the children already know about the sport and how this links to what have they learnt in previous units Encourage the children to challenge their own fitness <p>Enquiry</p> <ul style="list-style-type: none"> Encourage the children to be inspired, curious and fascinated by the new sport or unit Teach the skills children need to help them excel in the sport/unit. This could be building on previous learning Develop the children's knowledge and understanding, working both independently and collaboratively <p>Application</p> <ul style="list-style-type: none"> Children will use the taught skills and resources to help them develop and deepen their understanding Children acquire the skills to play and compete in sports Topics are taught in a progressive way to build on previous learning, skills and knowledge <p>In every lesson, teachers will:</p> <ul style="list-style-type: none"> Ensure lessons are accessible for all pupils Promote British values 	<p>Pupils will be assessed by teacher's reviewing skills and knowledge taught from the NC and Weave. This will be recorded termly using our 'Foundation assessment tracker'</p> <p>Children will have developed sporting knowledge and skills to help them partake and compete in a number of sporting experiences.</p> <p>Children will have felt and seen the benefits, socially, emotionally and physically, from partaking in exercise and group/individual sports.</p> <p>Children who cannot swim 25 metres by the time they are in year six will be offered top up swimming in order to achieve this.</p> <p>The impact of the PE curriculum will be evidenced through continuous and effective monitoring by the subject leader and SLT, through:</p> <ul style="list-style-type: none"> Action plan Learning walks Pupil voice Staff voice Parent voice Staff CPD Effective planning