

Curriculum

Our culture and curriculum is designed to support and teach through a broad range of opportunities and experiences for all pupils:

- Specialist Music teacher Specialist Sports Coach and Apprentice
- PSHE lessons
- Art week and Art Gallery
- Singing Assembly
- Daily Mile
- Topic 'hook' days or offsite visits
- Forest School
- Termly productions: singing, dance and drama
- Class Assemblies
- Multi-cultural 'International day'
- 'South Hill Festival'
- Annual 'Feel Good' Week
- Go Noodle
- Mindfulness 'Stop and Sit'
- Year 6 Buddies for reception children
- Friendship Bench
- Picture New Assemblies
- Outdoor Opportunities: sensory trails, climbing wall, fitness trail, a balance and strength trail (Smokey Trail), and Reception have a number of climbing and sliding pieces of play equipment

Wider Community Links

- South Hill PTA
- Cherished Charity
- St John's CofE Church, Boxmoor
- Harmon Gardening Group
- Electric Umbrella

School Culture

- 5 Ways to Wellbeing
- Growth mindset culture
- Zones of Regulation
- Anti-bullying culture
- Just Talk culture
- Therapeutic Thinking Approach
- Reflection tables and zones



South Hill School Emotional Wellbeing and Mental Health Strategy

How we promote and teach positive emotional wellbeing and respond to mental health needs

Policies and Plans

- Child Protection Policy
- SEND and Inclusion Policy
- SEND Information Report
- Equality and Diversity Policy
- Positive Behaviour Policy
- Anti-bullying Policy
- On-Line Safety Policy
- Forest School Long Term Plan
- PSHE Subject Overview
- SEMH Whole School Provision Map

Partnership Working

- Gade Family and Pupil Support
- DESC
- Intensive Family Support
- Families First
- Social Services
- Happy Holiday Club
- Watford Football Club – Empower
- Abbots Hill School
- Pets as Therapy
- Young Voices
- Dacorum School Sports Partnership
- NSPCC
- Billy's Wish

Individual Support

When a mental health need is identified by family or in school, we have a multi-faceted spectrum of support that is employed as needed:

Worry Box/
Monsters - in
class support

Emotional
Literacy Support
Assistant

Signposting
support for
families to
workshops/
training/
support
consultations

Lumi Nova App

Protective
behaviours

School Nurse
Gade Pupil Support

School Counsellor
SENCo

Nurture Club
Transition Support

School Counsellor
DESC emotional
support
Drawing and
Talking Therapy

Dream
Catchers
Play
Therapy
CAMHS



Extra-Curricular Opportunities

- South Hill PTA events
- Music clubs: Choir, Rock Steady Band
- Peripatetic Musical Instrument Teachers
- Dance: Rock Dance, Street Dance, Cheerleading
- Many varying sports clubs across the year
- Roxolid (Christian Activity Club)

Family Support

- School Pastoral Support Worker
- School Website Wellbeing Page
- Website support signposting
- Gade Family Support
- DSPL8 – parent workshops and courses
- ADDvance – trainings and coaching
- Intensive Family Support
- Social Care
- ARC
- Dream Catchers Play Therapy