



# DSSN

Dacorum School Sports Network



## United together to increase participation in PE, School Sports and Physical Activity

### The 3 Tiers

All competitions

are split and categorised into 3 different tiers to meet the children's needs and give everyone an equal chance when competing or just taking part.

- Compete
- Aspire & Develop
- Inspire & Engage

The Dacorum School Sports Network works to raise aspirations, improve academic attainment and supports a readiness to progress.

School Sports

Physical Activity

Physical Education

Leadership



DSSN works with over 60 schools providing thousands of children the opportunity to participate

'Physical Activity is crucial to the way we think and feel....it can be the cue for the building blocks of learning in the brain, it affects mood, anxiety and attention, and guards against stress" John H Ratey, Harvard University (2008)

Dacorum School Sports Network is successful in providing high quality opportunities for all young people to experience the power of sport

Dacorum School Sports Network is hosted by Longdean School.

Website: <http://www.dacorumschoolsportsnetwork.co.uk>

Twitter : @DSSN42