

## Dacorum

### Timetable of WEEKDAY walks JANUARY – APRIL 2024

Enjoy the countryside and local green spaces with the FREE Hertfordshire Health Walks led by qualified volunteer leaders

Walks and meeting point	Day/time	Date	Walk Grade/Information
<b>Gadebridge Park, Hemel Hempstead, HP1 1AE</b> Meet by the White Bridge by the public car park, Leighton Buzzard Road	Mondays 11.15am	Every (except bank holidays)	<b>FIRST STEPS / GRADE 1</b>
<b>Gadebridge Park, Hemel Hempstead, HP1 1AE</b> Meet by the White Bridge by the public car park, Leighton Buzzard Road	Mondays 10am	Every (except bank holidays)	<b>GRADE 2</b>
<b>Gadebridge Park, Hemel Hempstead, HP1 1AE</b> Meet by the White Bridge by the public car park, Leighton Buzzard Road	Mondays 10am	Every (except bank holidays)	<b>GRADE 3</b>
<b>Kings Langley, WD4 9HS</b> Meet at The Common, Cricket Pavilion Car Park, Vicarage Lane	Alternate Wednesdays 10am	Jan 10, 24 Feb 7, 21 Mar 6, 20 Apr 3, 17	<b>GRADE 3</b>
<b>Potten End, HP4 2QG</b> Meet on The Green near the Village Hall	Alternate Wednesdays 10am	Jan 3, 17, 31 Feb 14, 28 Mar 13, 27 Apr 10, 24	<b>GRADE 3</b> Duration approx. 60 minutes
<b>Little Hay, HP3 0DT</b> Meet outside the clubhouse entrance, Golf Complex, Box Lane, Bovingdon	Wednesdays 1.30pm	Every	<b>GRADE 3 - 4</b>
<b>Berkhamsted, HP4 2AL</b> Meet on grassed area opposite Millennium Garden, Canal Fields Car Park, Broadwater, off Lower Kings Road HP4 2AL	Alternate Thursdays 10am	Jan 4, 18 Feb 1, 15, 29 Mar 14, 28 Apr 11, 25	<b>GRADE 1</b> Duration approx. 30 minutes
<b>Berkhamsted, HP4 2AL</b> Meet on grassed area opposite Millennium Garden, Canal Fields Car Park, Broadwater, off Lower Kings Road HP4 2AL	Alternate Thursdays 10am	Jan 4, 18 Feb 1, 15, 29 Mar 14, 28 Apr 11, 25	<b>GRADE 2 - 3</b>
<b>Berkhamsted, HP4 2AL</b> Meet on grassed area opposite Millennium Garden, Canal Fields Car Park, Broadwater, off Lower Kings Road HP4 2AL	Alternate Thursdays 10am	Jan 11, 25 Feb 8, 22 Mar 7, 21 Apr 4, 18	<b>GRADE 3 - 4</b>
<b>Tring HP23 6AP</b> Meet outside the Zoological Museum, Akeman Street	Alternate Thursdays 10am	Jan 4, 18 Feb 1, 15, 29 Mar 14, 28 Apr 11, 25	<b>GRADE 3 - 4</b>
<b>Bennetts End, Hemel Hempstead, HP3 9LZ</b> Meet outside Bennetts End Community Centre, Gatecroft, Hemel Hempstead	<b>Taster Walks</b> Friday 10am	Jan 5, 19 Feb 2, 16 Mar 1, 15 Apr 12, 26	<b>FIRST STEPS</b> <b>New TASTER Walks</b>
<b>Grovehill, Hemel Hempstead, HP2 6BJ</b> Meet outside Grovehill Community Centre, Henry Wells Square *except bank holidays	Alternate Fridays* 10am	Jan 5, 19 Feb 2, 16 Mar 1, 15, Apr 12, 26	<b>GRADE 2 – 3</b> <b>New Walk</b>
<b>Apsley, Hemel Hempstead, HP3 9QZ</b> Meet on canal side of Sainsburys' entrance	Alternate Fridays 10am	Jan 12, 26 Feb 9, 23 Mar 8, 22 Apr 5, 19	<b>GRADE 3</b>

All walks are FREE with no booking is required. Just turn up 10 minutes before a walk or 15 minutes before your first walk to register as a new walker or you can register and pre-book online if you prefer. Walks range from a gentle First Steps (20-30 minutes) and increase in length and time from Grade 1 (30 mins) up to Grade 4 (90 mins) unless otherwise stated. Contact us: T: 01992 555888 E: [Healthwalks.cms@hertfordshire.gov.uk](mailto:Healthwalks.cms@hertfordshire.gov.uk) or visit [www.hertfordshire.gov.uk/healthwalks](http://www.hertfordshire.gov.uk/healthwalks)

# Hertfordshire Health Walks

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### Sunday afternoon walks JANUARY – APRIL 2024

Enjoy the countryside and local green spaces with the FREE Hertfordshire Health Walks led by qualified volunteer leaders

Walks and meeting point	Day/time	Date	Walk Grade/Information
<b>Warners End</b> , Hemel Hempstead <b>HP1 2QE</b> In Car Park behind Stoneycroft Shops (entrance in Northridge Way, opposite bus stop shelter)	Sunday 2pm	Jan 7	<b>GRADE 3 - 4</b>
<b>Sarratt</b> , The Green, opposite The Boot PH, <b>WD3 6BL</b>	Sunday 2pm	Jan 14	<b>GRADE 3 - 4</b>
<b>Gaddesden Row</b> Outside Gaddesden Row JMI School <b>HP2 6HG</b>	Sunday 2pm	Jan 21	<b>GRADE 3 - 4</b>
<b>Flauden</b> , Village Hall, Birch Lane <b>HP3 0PP</b>	Sunday 2pm	Jan 28	<b>GRADE 3 - 4</b>
<b>Kings Langley</b> , public car park, The Nap, Kings Langley <b>WD4 8ET</b>	Sunday 2pm	Feb 4	<b>GRADE 3 - 4</b>
<b>Little Gaddesden</b> , Car Park by Bowls Club, past Village Hall, Church Road <b>HP4 1NX</b>	Sunday 2pm	Feb 11	<b>GRADE 3 - 4</b>
<b>Little Hay In Golf Complex</b> , Box Lane, Bovington, (B4505) <b>HP3 0DT</b>	Sunday 2pm	Feb 18	<b>GRADE 3 - 4</b>
<b>Aldbury</b> , Stocks Golf Club, Stocks Rd, Aldbury, (entry via automatic gates) <b>HP23 5RX</b>	Sunday 2 pm	Feb 25	<b>GRADE 3 - 4</b>
<b>Potten End</b> , The Green near the Village Hall <b>HP4 2QG</b>	Sunday 2pm	Mar 3	<b>GRADE 3 - 4</b>
<b>Chaulden / Boxmoor</b> , Hemel Hempstead Rugby Club car park, Chaulden Lane <b>HP1 2BS</b>	Sunday 2pm	Mar 10	<b>GRADE 3 - 4</b>
<b>Bovington</b> , Bovington Library, High Street <b>HP3 0HJ</b>	Sunday 2pm	Mar 17	<b>GRADE 3 - 4</b>
<b>Wigginton</b> , Recreation Ground, Chesham Road (next to Greyhound Pub) <b>HP23 6EH</b>	Sunday 2pm	Mar 24	<b>GRADE 3 - 4</b>
<b>Apsley</b> , Shendish Manor Hotel & Golf Complex, London Rd, Hemel Hempstead <b>HP3 0AA</b>	Sunday 2pm	Mar 31	<b>GRADE 3 - 4</b>
<b>Redbourn</b> , Aubrey Park Hotel, Redbourn Road, <b>AL3 7AF</b>	Sunday 2pm	Apr 7	<b>GRADE 3 – 4</b> <b>New walk</b>
<b>Tring</b> , Pendley Manor, Cow Lane, Tring <b>HP23 5QY</b>	Sunday 2pm	Apr 14	<b>GRADE 3 - 4</b>
<b>Chipperfield</b> , The Common outside St Paul's Church <b>WD4 9BS</b>	Sunday 2pm	Apr 21	<b>GRADE 3 - 4</b>
<b>Gadebridge Park</b> , Hemel Hempstead, The White Bridge by the public car park, Leighton Buzzard Road <b>HP1 1AE</b>	Sunday 2pm	Apr 28	<b>GRADE 3 - 4</b>

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