Dear Parent/Carers,

In this DSPL8 Parent/Carers Newsletter please find the following:

DSPL8 Courses & Support	Booking Link/Website
Update DSPL8 Communications	Please read update on page 2
Job opportunities to develop whole family SEND work in Hertfordshire	Family Support Co-ordinator (SEND) Senior Family Intervention Worker (SEND)
DSPL8 Dacorum Families SEND Information	https://dspl8sendinfofayre071223.eventbrite.co.uk
ADD-vance Drop-in Consultations: 10.01.2024	https://AddvanceConsJan24.eventbrite.co.uk
SEND Surgery: 23.01.2024	https://SendSurgeryJan24.eventbrite.co.uk
DSPL7 & DSPL8 Emotional Based School Avoidance coffee mornings. For parents and carers with children (Year 7 - 11): 25.01.2024	No booking required—see flyer for various dates
DSPL8 EBSA Coffee Morning: 30.01.2024	https://EBSAcoffeeamJan24.eventbrite.co.uk
Anxiety Unravelled Course by Bounce Forward: 28.02.2024-13.03.2024	Webinar Registration - Zoom
Spring Term DSPL8 Parent/Carer Support	https://dacorumdspl.org.uk/wp-content/uploads/2023/07/ DSPL8-Parent-Carer-Support-2023-24.pdf https://dspl8.eventbrite.co.uk/

Please also view the most recent Dacorum Parent/Carers Courses and Support PDF for the following local updates, via: https://dacorumdspl.org.uk/wp-content/uploads/2023/11/Dacorum-ParentCarers-Coursesand-Support-Autumn-Term-29.11.2023.pdf

<u>Dacorum Parent/Carers</u> <u>Courses & Support</u>	Booking Link/Website
Parenting Courses and Support in Dacorum Spring Term 2024	Online resources for parents and carers DSPL (dacorumdspl.org.uk)
HAPpy Camps	https://sportinherts.org.uk/happy-activity-camps
SPACE Hertfordshire: December Activities	SPACE HERTFORDSHIRE Events Eventbrite
Potential Kids: December Activities	www.potentialkids.org.uk/activities
New Herts Haven Café for young people's emotional wellbeing opens in Hemel Hempstead	Herts Haven Cafés - WithYouth
Relationship Support for parents	Relationship support for parents Hertfordshire County Council
Neurodiversity Support Hub	supporthub@add-vance.org / 01727 833 963
SEND Drop-in sessions	See flyers on pages 7-8
Parenting Courses and Support in Dacorum Spring Term 2024	Online resources for parents and carers DSPL (dacorumdspl.org.uk)

Both documents can be downloaded from our website, via the following link:

http://www.dacorumdspl.org.uk/online-resources-for-parents-and-carers/

Kind Regards,

DSPL 8 Team – Ruth Mason & Ashley Fabray

Website: www.dacorumdspl.org.uk

>Email: dspl@kls.herts.sch.uk

e Eventbrite: https://dspl8.eventbrite.co.uk/

Ø Facebook: www.facebook.com/dspldacorum

Update DSPL8 Communications



Delivering Special Provision Locally

We have been working on streamlining our DSPL8 Communications and going forward the parent/carer newsletters will now be distributed once per half term, with the newsletter due on the following dates:

29.11.2023 24.01.2024 20.03.2024 08.05.2024 03.07.2024

We will be using our social media pages more to share courses, workshops, events and support from DSPL8 and local services, so please make sure you like and follow our social media pages to be kept up to date with the most recent information via:

Facebook: www.facebook.com/dspldacorum

- Instagram: www.instagram.com/dspl_dacorum/
- Eventbrite: <u>www.dspl8.eventbrite.com</u>

Please also share this to help us spread the word, thank you

Job opportunities to develop whole family SEND work in Hertfordshire

Supporting Families are leading a project funded by Department for Levelling Up Housing and Communities. The project is designed to increase whole family focussed work when supporting a child / young person with SEND. The project is focussing on children/ young people without an EHCP and who are at risk of suspension/ exclusion and / or on a reduced time table. The project is being piloted in Dacorum and St. Albans districts.

We are recruiting two 12 months fixed term contract roles:

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Family Support Co-ordinator (SEND) and Senior Family Intervention Worker (SEND)

The Senior FIW will line manage the Family Support Co-ordinator and not be responsible for direct work with families.

If you have / know someone who has a passion for improving outcomes for children, young people with SEND and their families, this is an exciting time to stamp your mark on a new SEND early help whole family response.

The closing date for applications is Sunday 10th December and interviews will take place Wednesday 13th and Friday 15th December.

Website: <u>www.dacorumdspl.org.uk</u>

Email: dspl@kls.herts.sch.uk

Eventbrite: <u>https://dspl8.eventbrite.co.uk/</u>

Facebook: <u>www.facebook.com/dspldacorum</u>

DSPL8



Facebook: www.facebook.com/dspldacorum

ADD-vance Drop-in Consultations: 10.01.2024

Booking Link: https://AddvanceConsJan24.eventbrite.co.uk

Free mini consultations for parent/carers in Dacorum

Facilitated by ADHD/Autism Specialist Coaches from ADD-vance

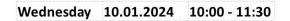


Dacorum DSPL Area 8 are pleased to offer Mini Consultations For Parent/Carers of children with Autism/ADHD

DSPL 8 will be funding $\frac{1}{2}$ hour individual sessions for parents of children with ADHD and/or Autism (diagnosed or suspected).

This session will be with a trained ADD-vance coach to address one issue in your family life you would like advice or support on. The session will take place over Zoom.

You need to book a 30 minute session at Eventbrite—<u>www.dspl8.eventbrite.com</u> for one of the following date and times (bookings open monthly on Eventbrite):



You will receive an email directly from ADD-vance, with a zoom invite link nearer the date.

More consultation sessions will be available next month.



Website: <u>www.dacorumdspl.org.uk</u>

Email: dspl@kls.herts.sch.uk

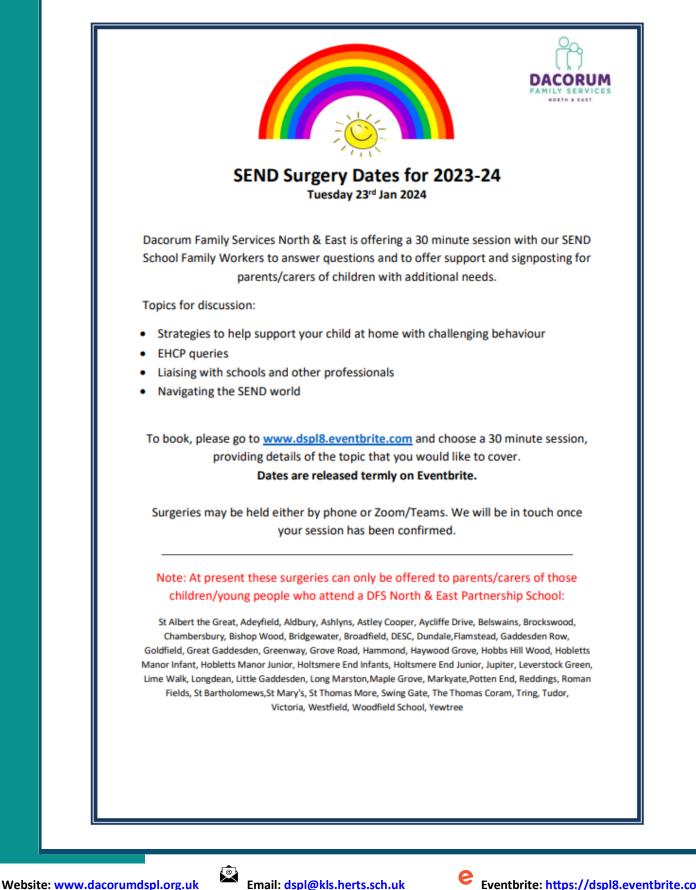
Eventbrite: <u>https://dspl8.eventbrite.co.uk/</u>

Facebook: <u>www.facebook.com/dspldacorum</u>

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SEND Surgery: 23.01.2024

Booking Link: https://SendSurgeryJan24.eventbrite.co.uk



Facebook: www.facebook.com/dspldacorum

Email: dspl@kls.herts.sch.uk

Eventbrite: https://dspl8.eventbrite.co.uk/

DSPL8

DSPL7 & DSPL8 Emotional Based School Avoidance coffee morning Thursday 25th January, 9:30-11:30am

No Booking Required.



Delivering Special Provision Locally

Services for **Young People**

Emotional Based School Avoidance

Suitable for parents/carers of children in year 7 - 11, in DSPL7 & 8.

This EBSA coffee morning is aimed at parents and carers who have a child in year 7 - 11 who is not attending school as a result of emotional, mental health and wellbeing issues. The children and young people can also attend. This event is being run by DSPL7 & 8 with Services for Young People.



This will be taking place at Hemel Hempstead Young People's Centre, 1st Floor, XC centre, Hemel Hempstead, from 9:30 - 11:30am on the following dates:

- 19th October
- 21st March
- 28th November
- 7th May

- 25th January

There is no need to book this event.



DSPL8 EBSA Coffee Morning: 30.01.2024

Booking Link: <u>https://EBSAcoffeeamJan24.eventbrite.co.uk</u>



Emotional Based School Avoidance (EBSA) Coffee Morning for Mums, Dads & Carers

Tuesday 30th January 2024

10.30am- 12pm

Location; Myatt Room, Hobbs Hill Wood Primary School, Peascroft Rooad, HP3 8ER

- Does your child's school avoidance affect you as a Parent/ Carer?
- Would you like a safe space to share your experiences with others?

Jo, Sahira and Kayleigh our SEND School Family Workers will be hosting an informal coffee morning for you to share experiences and support eachother.



Booking Link: <u>www.dspl8.eventbrite.com</u> (Eventbrite bookings are opened the month prior to the event)

Fully funded by DSPL8 for Dacorum families



Delivering Special Provision Locally

Website: <u>www.dacorumdspl.org.uk</u>

Email: dspl@kls.herts.sch.uk

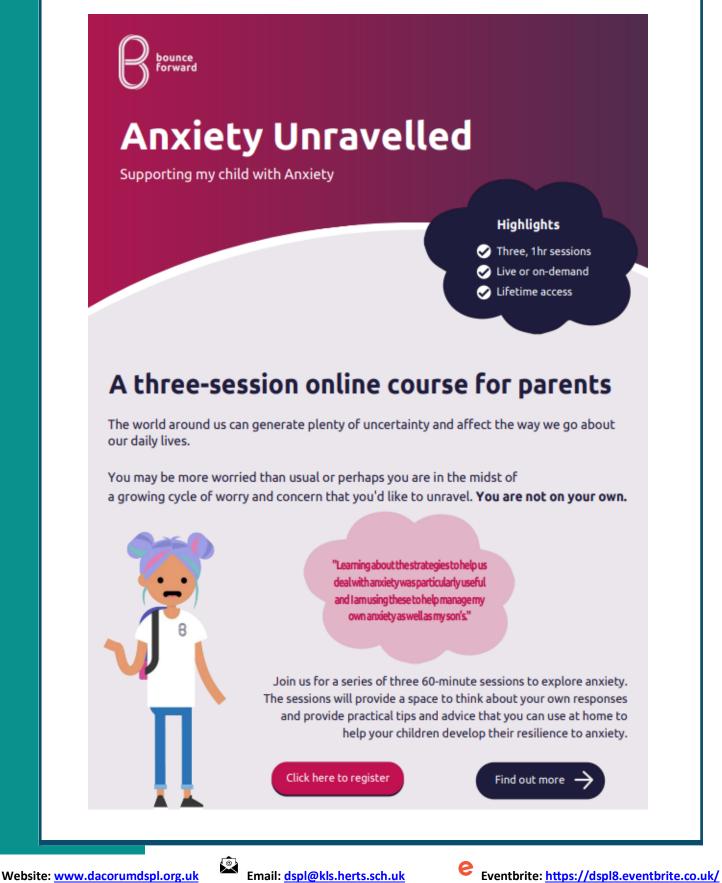
Eventbrite: <u>https://dspl8.eventbrite.co.uk/</u>

Facebook: www.facebook.com/dspldacorum

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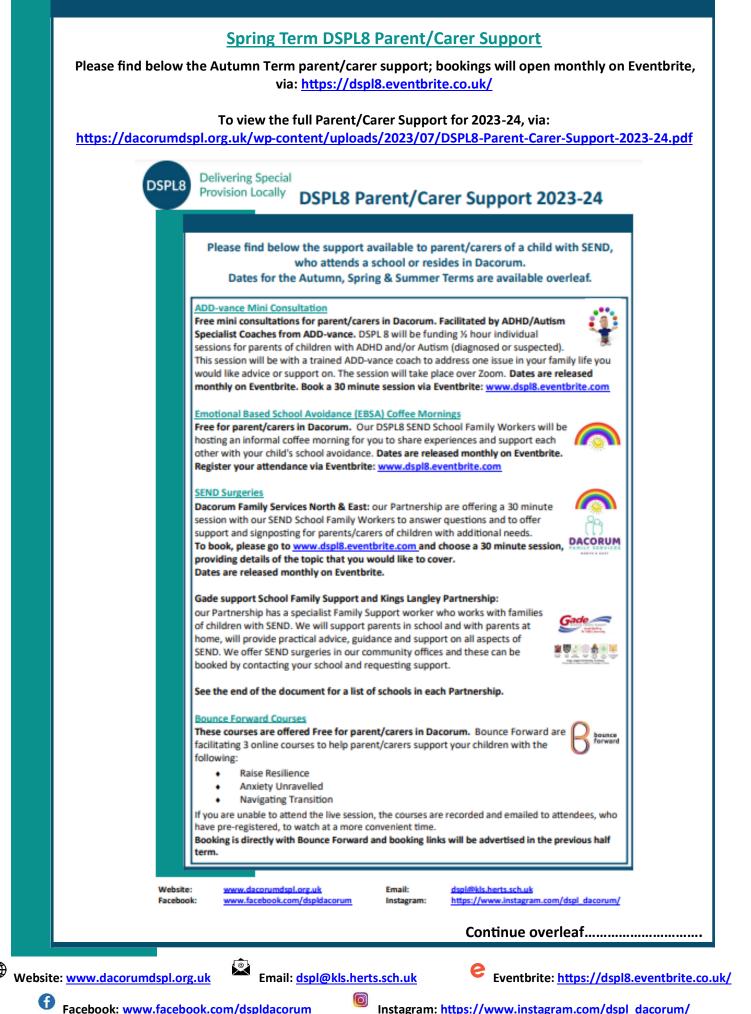
Anxiety Unravelled Course by Bounce Forward: 28.02.2024-13.03.2024

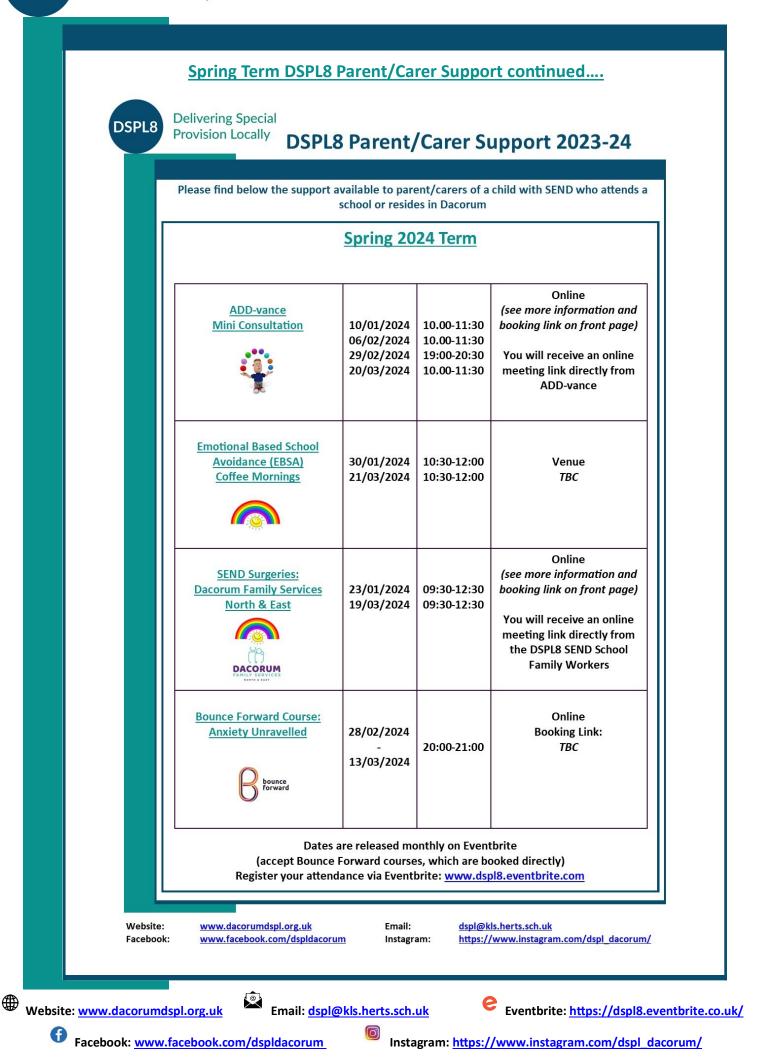
For more information: <u>Anxiety Unravelled - Bounce Forward</u> Booking Link: <u>Webinar Registration - Zoom</u>



Facebook: www.facebook.com/dspldacorum







Local School Partnership's

Student and Family Support Services Gade Schools Family Support and Kings Langley Partnership



As part of the Partnership of Dacorum Schools Gade and Kings Langley Schools Family Support are able to provide families with a range of support services.

- Parent Support Services—We have a team of Family Support workers who are available to work in school and with parents at home. Our support workers can work with families on any range of issues and will provide practical advice, guidance and support.
- Pupil Support Services—Our Partnership has Pupil Support workers who are available to work with children in school to support them with their behaviour, emotional wellbeing and how to overcome difficulties they may be facing. Our workers offer support groups in school or will work with children on a one to one basis at school. If you feel your child needs support, please contact your school directly to request this support.
- **SEND Support**—Our Partnership has a specialist Family Support worker who works with families of children with SEND. We will support parents in school and with parents at home, will provide practical advice, guidance and support on all aspects of SEND. We offer SEND surgeries in our community offices and these can be booked by contacting your school and requesting support.
- Parent Courses and Workshops We will regularly host a range of courses and workshops for families on a range of different themes including managing challenging behaviour, managing teens, transition to secondary school, developing confidence and self-esteem and a range of other themes.
- Parent Surgeries As a Service we host a range of one to one advice surgeries on Housing Advice, Debt Management Advice, Autism Support and Advice, SEND Support and Advice. Various dates are available and are published on our web site www.gadeschoolsfamilysupport.co.uk

Schools can refer families to our Services however families can refer directly if they would like to speak with a member of staff directly and in confidence please contact the Partnership Office on 07538 232069 .

Our Service is only able to work with Parents who have children in one of our Partnership Schools. Schools in our Partnership are:

Kings Langley Partnership: Kings Langley Secondary, Kings Langley Primary, Sarratt Primary, St Pauls School, Chipperfield, Bovingdon Primary Academy, Nash Mills Primary, Bedmond Village Primary

Gade Schools Family Support: John F Kennedy, Hemel Hempstead School, The Cavendish School, Chaulden Infants and Junior Schools, Boxmoor Primary, St Roses Infants, Micklem Primary, Galley Hill Primary, South Hill Primary, George Street School, Gade Valley School, St Cuthbert Mayne, Two Waters Primary, Pixies Hill Primary, Heath Lane Nursery, The Collett School

www.gadeschoolsfamilysupport.co.uk

Partnership Office: 07538 232069

Website: www.dacorumdspl.org.uk

Email: dspl@kls.herts.sch.uk

Eventbrite: https://dspl8.eventbrite.co.uk/

Facebook: www.facebook.com/dspldacorum

Dacorum Family Services North & East

NORTH & EAST What we offer Free, 1-2-1 sessions with our family workers Confidential Home visits Advice and Surgeries at your local school/virtual Support SEND Surgeries at your local school/ Service for Local virtual **Families** Subject specific online workshops Parenting advice and courses **School Family Worker** Help to access local services A personal and confidential service that addresses any needs or concerns raised by the Signposting to counselling & wellbeing family or school services Signposting to adult learning and development Positive activities for children, young people and their families **SEND School Family Worker** 1-2-1 support for children and young Specialist support for higher need SEND families people Domestic abuse support HEI D Family breakdown support Debt advice & signposting Specialist SEND support **Pupil Support Worker** Specialist support for pupils to address an Wellbeing advice for children identified concern highlighted by the school or and young people family. 1-2-1 and group work specific programmes DFS North & East Partnership Schools St Albert the Great, *Adeyfield, Aldbury, Ashlyns, Astley Cooper, Aycliffe Drive, Belswains, *Brockswood, Chambersbury, Bishop Wood, Bridgewater, Broadfield, DESC, Dundale, Flamstead, Gaddesden Row, Goldfield, Great Gaddesden, Greenway, Grove Road, Hammond, Haywood Grove,Hobbs Hill Wood,Hobletts Manor Infant, Hobletts Manor Junior, Holtsmere End Infants, Holtsmere End Junior, Jupiter, Leverstock Green, Lime Walk, *Longdean, Little Gaddesden, Long Marston, Maple Dacorum Family Services North & East Office: 01442 401222 Ext 5 Grove, *Markyate, Potten End, Reddings, Roman Fields, St Bartholomews, St Mary's, St Thomas More, Swing Gate, The Thomas www.dacorumfamilyservices.org.uk Coram, Tring, Tudor, Victoria, Westfield, Woodfield, Yewtree **Term Time only** Signposting service only

Website: <u>www.dacorumdspl.org.uk</u>

Email: dspl@kls.herts.sch.uk



Facebook: www.facebook.com/dspldacorum

Carers in Hertfordshire

Making Corers Count

About Us

Carers in Hertfordshire is the leading countywide charity for unpaid carers looking after a partner, relative, friend or neighbour due to illness, frailty, mental health needs, disability or substance misuse.

We support all carers - children and adults - living, working or caring in Hertfordshire, and bereaved carers for three years after the death of the person they cared for.

Carers do not have to live with the person they are looking after to receive help and advice.

For more information about our services or how you can support our work, see the contact details below.

Join the online conversation!

Find us on Facebook www.facebook.com/carersinherts Twitter @CarersinHerts and LinkedIn

www.linkedin.com/company/carers-in-hertfordshire and our Carers in Hertfordshire YouTube Channel



To contact Carers in Hertfordshire

Write to: Carers in Hertfordshire, The Red House, 119 Fore Street, Hertford, Herts, SG14 1AX. Call: 01992 58 69 69 Email: contact@carersinherts.org.uk Visit: www.carersinherts.org.uk



ISL SEND Duty Lines & SEND advice lines for Parents/Carers

https://www.hertfordshire.gov.uk/microsites/local-offer/contact-a-send-service.aspx

ISL St Albans and Dacorum Monday – Friday: 9am – 5pm STADAC.ISLTEAM@hertfordshire.gov.uk

Specialist advice lines

Specific Learning Difficulties (SpLD)

01442 453 920 (term time only) Thurs, 9.30am - 12pm

Speech, Language, Communication and autism Needs (SLCA)

01442 453 920 (term time only) Tues and Weds, 1.30pm - 4pm

Early years (0 - 5)

01442 453 920 (term time only) Weds 9am - 12pm and Thurs 1.30pm - 4pm

Physical and neurological impairment team (PNI) 01442 453 920 (term time only) Mondays, 1.30pm - 4pm

West team Attendance Duty 01442 454 778 Monday –Friday 9:30am-4pm

Education Support for Medical Absence (ESMA) <u>https://www.hertfordshire.gov.uk/microsites/local-offer/education-support/get-help-to-access-learning/education</u> -support-for-medical-absence.aspx

Children and young people's therapy services

(Advice from occupational therapists, physiotherapists and speech and language therapists) 01923 470680 – select Option 3 for the therapy service. Callers then choose to use the service Advice Line (select 1) or to speak to an administrator (select 2). Or email <u>hct.cyptherapies1@nhs.net</u>

[₩] Website: <u>www.dacorumdspl.org.uk</u>

Email: dspl@kls.herts.sch.uk

Eventbrite: <u>https://dspl8.eventbrite.co.uk/</u>

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Instagram: https://www.instagram.com/dspl_dacorum/

SUPPORT

ADD-vance Helpdesk is open from 9am to 1pm every weekday via 01727 833963 or email to <u>herts@add-vance.org</u> Website - <u>www.add-vance.org</u> Facebook – <u>www.add-vance.org/parents/</u>

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Hertfordshire Local Offer The Local offer lets parents and young people know what special education needs and disabilities services are available in Hertfordshire and who can access them. <u>https://</u>www.hertfordshire.gov.uk/microsites/Local-Offer/The-Hertfordshire-Local-Offer.aspx

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Herts Help a network of community organisations in Hertfordshire working together. We're here to listen and help you find independent support, guidance and information you need to get the most out of life. Call us on 0300 123 4044 or email <u>info@hertshelp.net</u>

Hertfordshire SENDIASS is an impartial Special Educational Needs and Disability Information, Advice and Support Service (SENDIASS). Contact SENDIASS on: <u>sendiass@hertfordshire.gov.uk</u> or 01992 555 847

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Hertfordshire Additional Needs Database (HAND) voluntary register of disabled children and young people aged 0-25. By joining the register, you can get discounts at places around the county (and beyond). Contact via: <u>https://www.hertfordshire.gov.uk/microsites/local-offer/courses-and-activities-in-</u> <u>hertfordshire/hertfordshire-additional-needs-database.aspx</u> or email <u>hand@hertfordshire.gov.uk</u>



Examples First Hertfordshire for services that work together to support families who need extra help. These are also known as early help services.

https://www.hertfordshire.gov.uk/microsites/families-first/families-first.aspx

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Benefit entitlement - If you care for a child or young person with a disability or if you have a disability yourself, you may be able to claim a range of benefits including Disability Living Allowance and Carers Allowance. For more information on available benefits and entitlement go to: https://www.carersuk.org/help-and-advice/financial-support



Carers in Hertfordshire provides advice, information and support to unpaid carers.

Website - <u>www.carersinherts.org.uk</u> Telephone – 01992 586969 (9am-5:30pm Mon-Thurs & 9am-4:30pm Fri)

Hertfordshire

Hertfordshire Mind - If you are experiencing a mental health crisis and would like someone to talk to, you can call our **Crisis Helpline**. Available to provide emotional support 24 hours a day, every day of the week. To contact the helpline please call us on **01923 256391**.

Website: <u>www.dacorumdspl.org.uk</u>

Email: dspl@kls.herts.sch.uk

Eventbrite: <u>https://dspl8.eventbrite.co.uk/</u>

Facebook: <u>www.facebook.com/dspldacorum</u>

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