

Friday 3 March 2022

Co-Headteachers:

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We would like to remind you of our South Hill Mission Statement:

### **Building Character, Learning Together**

We feel this really sums up our School! We are pleased to have **updated** our school vision statement which we feel reflects South Hill School under our leadership. We wanted to share this with you.

**All pupils at South Hill flourish through a nurturing environment, which builds confidence and resilience and a lifelong love of learning.**

### **World Book Day**

South Hill celebrated World Book Day as part of Book Week - every class has been using 'And Tango Makes Three' in class this week. The children and adults did a fabulous job of bringing book characters to life and a great day was had by all.



### **War Worries**

Here are some links which may help you speak to your child about the current situation in the Ukraine:

<https://www.savethechildren.org.uk/blogs/2022/how-to-talk-to-children-about-war?>

<https://www.tooledupeducation.com/wisdom/war-worries/>

### **Inclusion Matters**

Do you have a child with ASD or ADHD, diagnosed or suspected? Have you heard of the Charity SPACE? They support families in Hertfordshire. They have a support line for carers, therapeutic sessions for young people, and also run activities for Young People, go to <https://spaceherts.org.uk/> to find out more



### **Attendance Matters - Be at School, On Time, Every Day!**

This poem by Steve Turner tracks back to the reason behind being late for school. If you are ever late, can you work out why - and make a change.

#### **Why are you late for school?**

I didn't get up because I was too tired  
And I was too tired because I went to bed late  
And I went to bed late because I had homework  
And I had homework because the teacher made me  
And the teacher made me because I didn't understand  
And I didn't understand because I wasn't listening  
And I wasn't listening because I was staring out of the window  
And I was staring out of the window because I saw a cloud  
I am late, sir, because I saw a cloud.

### **News from Wrens**

This week Wrens have been exploring their new topic 'Little Seeds and Mighty Beasts'. We have been thinking about what we need to do to look after ourselves and be healthy, including brushing our teeth! We have also begun thinking about what plants need to grow well and have practised planting seeds in soil. We have loved reading 'And Tango Makes Three' for World Book Week and thinking about how all families are different in PSHE. All the children looked fantastic in their book day costumes too. What a busy week it has been in Wrens!

### **Choir - Lunch Club at the South Hill Centre**

The choir had a fabulous time singing at the South Hill Centre lunch Club yesterday. They sang with such enthusiasm and the audience really enjoyed watching and hearing them! It was lovely to be able to chat to some of the members afterwards. Many thanks to Mrs Beamish and Mrs Mboma for their support.

### **Goldfinches Class Assembly**

Goldfinches worked so hard for their assembly and they performed with great confidence. Mrs Mannering was so proud of them and everyone learnt their lines well. They enjoyed sharing their learning and especially singing 'Consider Yourself' from Oliver. A huge thank you to parents and carers for their ongoing support at home, Mrs Shah and Tillie and Florence for being such great technical support. What a team!

Next week there are two class assemblies:

**Sparrows - Tuesday 8 March 2.50pm**

**Owls - Wednesday 9 March 8.55am**

### **Easter Holiday Clubs - South Hill School**

See the attached information about two clubs taking place at South Hill over the Easter Holiday:

Claire's Easter Holiday Club (4.4-7.4)

HA Dance Easter Holiday Camp (12.4 & 13.4)

### **South Hill Litter Picking Party**

Thank you to all parents, children, and staff for coming along to our litter pick last Saturday. The children have received their The Big Clean-up badges, which they wear proudly. Well done all for caring for our precious environment.

### **Congratulations to Olivia C**

We would like to congratulate Olivia C in Year 6 for her amazing achievements in Cross Country - she has done so well in the schools, district and county events that she has got into the Nationals! We are so proud of you Olivia.

### **Netball v Kings Langley**

On Monday, the netball team played their second match and what an improvement! They showed how much potential they have and although they didn't win, it was a much tighter match. Well done girls! KL voted Gloria as MVP for her great play and incredible amount of interceptions!

Have a good weekend!

Yours sincerely

*J Wellbelove L Wren*

Miss Wellbelove and Miss Wren  
Co-Headteachers



Star of the Week	
Wrens	Sophia
Robins	Nathan
Goldfinches	Whole Class
Sparrows	Jaxson
Owls	Andreaa
Kingfishers	Musa
Ash	Darcy
Beech	Saraya
Holly	Vahab
Maple	Ethan
Oak	Hayden
Silver Birch	Whole Class
Sycamore	Charlie
Hazel	Ariyah

### Advice from School Health

#### Physical Activity

There is lots of evidence which shows exercise is an important factor to reducing the risk of a major illnesses such as heart disease, diabetes or stroke. Research also shows that regular physical activity can boost your child's self-esteem, mood and sleep quality, ensuring they have the best start to life. To maintain a basic level of health, children and young people aged 5 to 18 need to do:

- at least 60 minutes of physical activity every day – this should range from moderate activity, such as cycling and playground activities, to vigorous activity, such as running and tennis
- on 3 days a week, these activities should involve exercises for strong muscles and bones, such as swinging on playground equipment, hopping and skipping, and sports such as gymnastics or tennis

Children and young people should also reduce the time they spend sitting for extended periods of time, including watching TV, playing computer games and travelling by car when they could walk or cycle. For more information and handy tips see the websites below:

<https://www.nhs.uk/live-well/exercise/physical-activity-guidelines-children-and-young-people/>  
<https://www.healthforkids.co.uk/grownups/healthy-bodies/how-help-children-become-active/>



### Dates for your Diaries

#### March

Tuesday 8	<ul style="list-style-type: none"> <li>• Y1 Sports Taster Day Hemel Sports Centre (am)</li> <li>• Y5 trip to National Space Centre</li> <li>• Sparrows Class Assembly 2.50pm</li> </ul>
Wednesday 9	<ul style="list-style-type: none"> <li>• Owls Class Assembly 8.55am</li> </ul>
Wednesday 16	<ul style="list-style-type: none"> <li>• Science Afternoon</li> <li>• Y2 trip to Shrek's Adventure</li> <li>• Year 5 KNEX Challenge</li> <li>• Y3&amp;4 Tag Rugby Festival</li> </ul>
Thursday 17	<ul style="list-style-type: none"> <li>• Year 6 KNEX Challenge</li> </ul>
21 March - 1 April	<ul style="list-style-type: none"> <li>• Big Walk and Wheel</li> </ul>
Monday 21	<ul style="list-style-type: none"> <li>• Y5 Maths Challenge (Abbot's Hill School)</li> </ul>
Tuesday 22	<ul style="list-style-type: none"> <li>• Parents' Evening 3.30-6.00pm</li> </ul>
Wednesday 23	<ul style="list-style-type: none"> <li>• Wrens Class Assembly 8.55am</li> <li>• Y6 trip to Tate Gallery</li> </ul>
Thursday 24	<ul style="list-style-type: none"> <li>• Secret Mothers' Day Shop (PTA)</li> <li>• Parents' Evening 3.30-6.00pm</li> </ul>
Monday 28	<ul style="list-style-type: none"> <li>• EY &amp; KS1 Movie Night 3.15-5.00pm</li> </ul>
Wednesday 30	<ul style="list-style-type: none"> <li>• Y1 trip to Whipsnade</li> <li>• Robins Class Assembly</li> </ul>
Thursday 31	<ul style="list-style-type: none"> <li>• KS2 Movie Night 3.20-5.15pm</li> </ul>

#### April

Friday 1	<ul style="list-style-type: none"> <li>• Easter Non-uniform Day (£1 donation per child)</li> <li>• SEN Coffee Morning 9.00-10.00am</li> <li>• Early finish 1.15pm (last day of term)</li> </ul>
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### Herts School Games Survey

South Hill is working alongside the DSSN to gather information. This survey has been created by Hertfordshire School Games Organisers (SGOs) to gain information from parents in Hertfordshire. The information gathered from this survey will give the SGOs valuable data which will be used to shape provision and programmes for all young people. The information gathered in this survey is anonymous and will be kept private within the Herts SGO network. Please click on the following link to complete the survey: <https://forms.gle/LmurPfk8an1vYwqxZ>

The survey will take less than 2 minutes to complete. We really hope you can help us by clicking on the link and answering the questions by Friday 25<sup>th</sup> March 2022.

Thank you in advance for your support.

#### Attachments

- Claire's Easter Club
- Hannah's Easter Club

#### On Website

- Colourful Minds - wellbeing course

