

Bringing Up Confident ADHD/ASD Children (6 weeks) Online group
Friday 26th September to 7 November 9.45am to 11.45am OR

Tuesday 14 October to 25 November 7.00pm to 9.00pm

If your child has ADHD/ASD, or you think they might, join our free online group where you will receive support from other parents and gain a comprehensive understanding of ADHD/ASD and learn strategies to improve life at home and at school.

Less Shouting, More Cooperation (6 weeks) Online group

Thursday 2 October to 13 November 9.30am to 11.30am

Do you feel you are constantly nagging or shouting at your child to get what you need? Are you tired of losing your cool and want a calmer house? Join our free online group to learn how you can change the way you communicate with your child, respond better, and feel more in control.

Dads Together (6 weeks) Online group

Wednesday 5 November to 10 December 7.00pm to 9.00pm

Calling all Dads - join our free online group, come along and receive support from other dads and learn how to change the way you communicate with your child, respond better and feel more in control.

Anxiety around ADHD Online Workshop
Autumn term dates to be confirmed

Reducing Conflict Online Workshop
Autumn term dates to be confirmed

Sibling Rivalry Online Workshop
Autumn term dates to be confirmed



SCAN ME!