

# SOUTH HILL PRIMARY SCHOOL

SPRING 2024

## WEEK 1

08/01/24, 29/01/24,  
26/02/24, 18/03/24



	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
<b>Option 1</b>	Vegetable Nuggets with Potato Wedges (Ve)	Chicken Burger with Sweetcorn Relish	Roast Chicken with Roast Potatoes and Gravy	Beef Chilli Con Carne with Tortilla and Rice	Fish Fingers with Chips and Tomato Ketchup
<b>Option 2</b>	Jambalaya (Ve)	Vegetable Burger with Coleslaw	Roasted Vegetable Slice with Roast Potatoes	Tandoori Quorn with Tortilla and Rice	Cheese and Tomato Pizza with Chips and Tomato Ketchup
<b>Option 3</b>	Jacket Potatoes with a choice of Fillings	Jacket Potatoes with a choice of Fillings	Tomato and Basil Pasta (Ve)	Jacket Potatoes with a choice of Fillings	Jacket Potatoes with a choice of Fillings
<b>Vegetables</b>	Sweetcorn Carrots	Carrots Peas	Broccoli Sweetcorn	Carrots Green Beans	Baked Beans Garden Peas
<b>Dessert</b>	Chocolate Flapjack (Ve)	Orange Drizzle Cake or Shortbread (Ve)	Fruit Salad (Ve)	Banoffee Cake or Shortbread (Ve)	Stewed Apples with Ice Cream

## WEEK 2

15/01/24, 05/02/24,  
04/03/24, 25/03/24

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
<b>Option 1</b>	Vegetarian Meatball Sub topped with Cheese	Beef Bolognaise with Pasta	Pork Sausages in a Yorkshire Pudding with Roast Potatoes and Gravy	Butter Chicken with Rice	Breaded Fish with Chips and Tomato Ketchup
<b>Option 2</b>	Crunchy topped Vegetable Bake with New Potatoes (Ve)	Vegetarian Bolognaise with Pasta (Ve)	Vegetarian Sausages in a Yorkshire Pudding with Roast Potatoes and Gravy	Chilli Bean Loaded Wedges (Ve)	Cheese and Tomato Pizza Chips and Tomato Ketchup
<b>Option 3</b>	Jacket Potatoes with a choice of Fillings	Jacket Potatoes with a choice of Fillings	Tomato and Basil Pasta (Ve)	Jacket Potatoes with a choice of Fillings	Jacket Potatoes with a choice of Fillings
<b>Vegetables</b>	Peas Sweetcorn	Carrots Green Beans	Cauliflower Sweetcorn	Green Beans Carrots	Baked Beans Garden Peas
<b>Dessert</b>	Chocolate Cornflake Cake	Banana Marble Cake (Ve) or Shortbread (Ve)	Fruit Salad (Ve)	Apple Sponge with Custard or Shortbread (Ve)	Anzac Biscuit (Ve)

## WEEK 3

22/01/24, 12/02/24,  
11/03/24

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
<b>Option 1</b>	Vegetarian Sausages with Potato Wedges (Ve)	Cajun Chicken with Rice	Roast Pork with Roast Potatoes and Gravy	Vegetarian Sausage Roll with New Potatoes (Ve)	Fish Fingers or Salmon Fingers with Chips and Tomato Ketchup
<b>Option 2</b>	Onion Bhajis with Sweet Chilli Sauce and Rice (Ve)	Vegetable Curry with Rice (Ve)	Roast Quorn with Roast Potatoes and Gravy	Macaroni Cheese	Cheese and Tomato Pizza Chips and Tomato Ketchup (Ve)
<b>Option 3</b>	Jacket Potatoes with a choice of Fillings	Jacket Potatoes with a choice of Fillings	Tomato and Basil Pasta (Ve)	Jacket Potatoes with a choice of Fillings	Jacket Potatoes with a choice of Fillings
<b>Vegetables</b>	Carrots Green Beans	Peas Sweetcorn	Green Beans Carrots	Sweetcorn Broccoli	Baked Beans Garden Peas
<b>Dessert</b>	Cherry Shortcake	Chocolate Brownie	Fruit Salad (Ve)	Peach Cobbler with Custard or Shortbread (Ve)	Jelly (Ve)



**SUGAR SHERIFF**



FRESHLY BAKED BREAD, SALAD BAR, YOGHURT AND FRESH FRUIT ARE AVAILABLE DAILY  
 WE ALWAYS MEET THE GOVERNMENT FOOD BASED STANDARD FOR SCHOOL LUNCHES. ALL OF OUR MEALS ARE FRESHLY PREPARED ON SITE BY OUR TEAM TO ENSURE THERE ARE NO UNDESIRABLE ADDITIVES. MANY OF OUR DISHES CONTAIN HIDDEN VEGETABLES TO INCREASE VEGETABLE INTAKE. WE ARE CONTINUOUSLY WORKING TO REDUCE THE AMOUNT OF REFINED SUGAR IN OUR MENUS.

THIS MENU SUPPORTS: