



Kings Langley Secondary



Bedmond Primary



Bovingdon Primary Academy



Kings Langley Primary



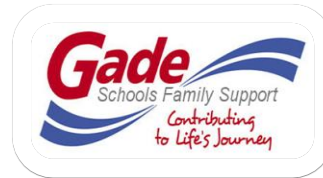
Nash Mills Church of England Primary



Serratt Church of England Primary



St Pauls Chipperfield Church of England Primary



### Kings Langley Partnership of Schools

*Working Together to Prepare our Children for the Challenges of Tomorrow*

## Parenting Courses / 1:1 Sessions September - December 2022 **Booking is essential**

If you would like to book onto any of these sessions or to find out more information, please contact Emma Christie on 07538 232069 / 01442 278793 or email: [christie.gadesfs@kls.herts.sch.uk](mailto:christie.gadesfs@kls.herts.sch.uk)

### Understanding the Teenage Brain

**Date:** Tuesday 27<sup>th</sup> September, Tuesday 4<sup>th</sup> October, Tuesday 11<sup>th</sup> October & Tuesday 18<sup>th</sup> October 2022

**Time:** 6.30pm - 8.30pm

**Where:** Gade Community Room, c/o Chaulden Junior School, School Row, Hemel Hempstead, HP1 2JU

**What's it about?** Suitable for parents with children aged 10 – 18 years.

The workshops offer an opportunity to understand something of what's going on in the adolescent brain and provide strategies for supporting and communicating with young people. The following is covered:

- the foundations of positive parenting: providing warmth and structure
- messages from research: the teenage brain, sleeping habits and more
- handling difficult issues: drug & alcohol, social media, sex, sexuality and staying safe
- power, boundaries and problem solving

### Housing 1:1 Advice Sessions (via telephone)

**Date:** Thursday 29<sup>th</sup> September 2022

**Time:** 9.30am – 9.55am, 10.00am – 10.25am, 10.30am – 10.55am and 11.00am – 11.25am

**What's it about?** Speak to a member of Dacorum Borough Council Housing Team for a free 25-minute appointment who will offer advice and guidance to any housing queries.

### Autism Support – 1:1 Advice Sessions

**Date:** Wednesday 5<sup>th</sup> October 2022

**Time:** 9.30am – 10.00am, 10.05am – 10.35am, 10.40am – 11.10am and 11.15am – 11.45am

**What's it about?** Mandy Goode, Lead Teacher – Speech, Language, Communication & Autism team will be holding free 30 minute 1:1 advice for parents with children who have an Autistic Spectrum Disorder (ASD) Diagnosis or suspected ASD.

**Where:** Gade Community Room, c/o Chaulden Junior School, School Row, Hemel Hempstead, HP1 2JU

### Family Toolkit

**Date:** Monday 7<sup>th</sup> November, Monday 14<sup>th</sup> November, Monday 21<sup>st</sup> November & Monday 28<sup>th</sup> November 2022

**Time:** 9.15am - 11.15am

**What's it about?** The Nurturing Programme builds on our existing parenting skills and helps us think about: why children behave as they do, the feelings behind behaviour (ours and theirs), different approaches to discipline, developing co-operation and self-discipline in children, the importance of looking after ourselves.

**Where:** Gade Community Room, c/o Chaulden Junior School, School Row, Hemel Hempstead, HP1 2JU

***Housing 1:1 Advice Sessions (via telephone)***

**Date:** Tuesday 8<sup>th</sup> November 2022

**Time:** 9.30am – 9.55am, 10.00am – 10.25am, 10.30am – 10.55am and 11.00am – 11.25am

**What's it about?** Speak to a member of Dacorum Borough Council Housing Team for a free 25-minute appointment who will offer advice and guidance to any housing queries.

**Debt Management – 1:1 Advice Sessions**

**Date:** Wednesday 9<sup>th</sup> November 2022

**Time:** 9.30am - 10.00am, 10.00am - 10.30am, 10.30am - 11.00am and 11.00am - 11.30am

**What's it about?** CAP provides a free and comprehensive debt counselling service. They help local families overcome the difficulties of debt. As part of their service, they offer 1:1 advice, where you can speak confidentially to one of their fully qualified debt coaches to discuss the best options to get on top of your money worries.

**Where:** Gade Community Room, c/o Chaulden Junior School, School Row, Hemel Hempstead, HP1 2JU

**Autism Support – 1:1 Advice Sessions**

**Date:** Wednesday 16<sup>th</sup> November 2022

**Time:** 9.30am – 10.00am, 10.05am – 10.35am, 10.40am – 11.10am and 11.15am – 11.45am

**What's it about?** Mandy Goode, Lead Teacher – Speech, Language, Communication & Autism team will be holding free 30 minute 1:1 advice for parents with children who have an Autistic Spectrum Disorder (ASD) Diagnosis or suspected ASD.

**Where:** Gade Community Room, c/o Chaulden Junior School, School Row, Hemel Hempstead, HP1 2JU

**Autism Support – 1:1 Advice Sessions**

**Date:** Wednesday 7<sup>th</sup> December 2022

**Time:** 9.30am – 10.00am, 10.05am – 10.35am, 10.40am – 11.10am and 11.15am – 11.45am

**What's it about?** Mandy Goode, Lead Teacher – Speech, Language, Communication & Autism team will be holding free 30 minute 1:1 advice for parents with children who have an Autistic Spectrum Disorder (ASD) Diagnosis or suspected ASD.

**Where:** Gade Community Room, c/o Chaulden Junior School, School Row, Hemel Hempstead, HP1 2JU

***Housing 1:1 Advice Sessions (via telephone)***

**Date:** Wednesday 14<sup>th</sup> December 2022

**Time:** 9.30am – 9.55am, 10.00am – 10.25am, 10.30am – 10.55am and 11.00am – 11.25am

**What's it about?** Speak to a member of Dacorum Borough Council Housing Team for a free 25-minute appointment who will offer advice and guidance to any housing queries.

***Gade Schools Family Support are now a Foodbank collector, if you would like to make a contribution, donations would be gratefully received. Please bring any items into our office.***

