

Project Evolve Online Safety Long Term Plan

Year Group	Autumn Privacy and Security	Spring Health and Wellbeing	Summer Online Bullying
Reception	<ul style="list-style-type: none"> examples of personal information trusted adults 	<ul style="list-style-type: none"> staying safe and healthy online rules for health and wellbeing 	<ul style="list-style-type: none"> recognise some ways in which the internet can be used to communicate. give examples of how I (might) use technology to communicate with people I know
Year 1	<ul style="list-style-type: none"> Passwords to protect us Personal information and why it is important 	<ul style="list-style-type: none"> rules for staying safe using technology in and beyond the home 	<ul style="list-style-type: none"> give examples of when I should ask permission to do something online and explain why this is important explain why it is important to be considerate and kind to people online and to respect their choices.
Year 2	<ul style="list-style-type: none"> effective passwords keeping things private 	<ul style="list-style-type: none"> how to use using technology in different environments and settings how rules / guides can help anyone accessing online technologies 	<ul style="list-style-type: none"> explain who I should ask before sharing things about myself or others online. explain why I should always ask a trusted adult before clicking 'yes', 'agree' or 'accept' online
Year 3	<ul style="list-style-type: none"> protecting my reputation (passwords) trustworthy 	<ul style="list-style-type: none"> why spending too much time using technology can sometimes have a negative impact why some online activities have age restrictions 	<ul style="list-style-type: none"> explain what is meant by 'trusting someone online', why this is different from 'liking someone online', and why it is important to be careful about who to trust online including what information and content they are trusted with. explain how someone's feelings can be hurt by what is said or written online.
Year 4	<ul style="list-style-type: none"> the risks of oversharing to understand that the internet is never fully private and is monitored 	<ul style="list-style-type: none"> how using technology can be a distraction from other things, in both a positive and negative way identify times or situations when someone may need to limit the amount of time they use technology 	<ul style="list-style-type: none"> describe strategies for safe and fun experiences in a range of online social environments give examples of how to be respectful to others online and describe how to recognise healthy and unhealthy online behaviours.
Year 5	<ul style="list-style-type: none"> strategies for creating effective passwords how apps use your personal information 	<ul style="list-style-type: none"> describe ways technology can affect health and well-being both positively (e.g. mindfulness apps) and negatively strategies, tips or advice to promote health and wellbeing with regards to technology 	<ul style="list-style-type: none"> describe some of the ways people may be involved in online communities and describe how they might collaborate constructively with others and make positive contributions. (e.g. gaming communities or social media groups). explain how someone can get help if they are having problems and identify when to tell a trusted adult.
Year 6	<ul style="list-style-type: none"> managing passwords online increasing your privacy when using apps 	<ul style="list-style-type: none"> describe common systems that regulate age-related content (e.g. PEGI, BBFC, parental warnings) and describe their purpose discuss the pressures that technology can place on someone and how / when they could manage this 	<ul style="list-style-type: none"> describe how to be kind and show respect for others online including the importance of respecting boundaries regarding what is shared about them online and how to support them if others do not. explain that taking or sharing inappropriate images of someone (e.g. embarrassing images), even if they say it is okay, may have an impact for the sharer and others; and who can help if someone is worried about this.